

Massage & Body Treatments



All services are performed by Regina

For couples and best friends

In your private ZEN suite

"Sweet Embrace" \$356 for two/ Spa time up to 2 hours with Regina

- 60min. of a flowing AromaTherapy body massage from the back to feet
- Snooze in a light wrap and feel the softness of hot towels for your neck and forehead.
- Indulge in a mesmerizing stress relieving face, neck and shoulder massage
- I serve a glass of bubbly/Mimosas upon your arrival if you like or any other refreshments

Extend your experience and linger a bit longer in "The Lounge" Just add \$58/30min. with crackers, cheese, a charcuterie board and Champagne

"Solitude" \$418 for two/ Spa time up to 3hours

- Slip into the comfy robes in your lounge, sip on the welcome Champagne or other refreshments/hot tea and nibble some morsels
- 70min. up to a firm/deep massage for each of you melts any stress and tightness away, take the well- deserved nap in the cocoon wrap and enjoy a soothing eucalyptus mint aromatherapy, face and scalp massage
- Comes with refreshing eye care & pads from Repechage to deeply relax the delicate eye area.

Heighten your experience with this add-on option and add 30 min.:

Find a cozy seat on the sofa in your private suite. Sip some Champagne/Cava and nibble on crackers and cheese or charcuterie board.

The bar cart is stocked with refreshments

\$58 (first come, first serve)



"Best Buddies" The best Retreat in the City: see [Yelp](#)

- Welcome to your suite!
- Start with the wonderful EucaMint or Lavender infused scrubs in your private duet rain shower before retreating to the ZEN suite, side by side
- Lean back into the freshly whipped warm eucalyptus mint cream
- Snooze away in the warming mylar body wrap for some stillness and quiet time
- Enjoy the full refresher facial with Repechages Spirulina seaweed based products which nourish the skin like diving into the ocean.
- Retreat to the Lounge for a 30 min. break and nibble on the Charcuterie board specials, hydrate on water or hot tea before getting back in your suite for the massage "a la carte".
 - Hot Stones, hot towels, Repechages hand and foot wraps replenish those busy areas to bring back the step back
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\$785 for two or three guests and four+ hours of bliss and a sweet tasty gift

Book: (410) 558-1185 - and
please leave a message with desired dates and times

B:
FOR YOU

Relaxation ~ Deep Stretching ~ Slow and Easy = You pick!

"Reginas German Pretzel" hightens your flexibility
→\$195 for 90min.or \$160 for 60min.

You want to feel super loose? The biggest stretches for your tight body! Gentle but strong

This safe, non-invasive technique will eliminate pain, resolve injuries, and improve flexibility faster than any single therapy you have ever experienced. Injuries can be resolved in only a few sessions rather than weeks or months. Schedule your session today to see how Pretzel & AIS can improve your quality of life. The stretches go above and beyond each massage! **What Pretzel type are you?**

Book: (410) 558-1185 please leave a message clearly + phone number twice with desired dates and times

Digital Detox - put the world aside 90 min. \$218

Breathe and dream. No electronics just stillness in a wrap. Face, Neck, Shoulder and Scalp massage plus eye care and a warming eye mask while the hands, wrists and arms are getting massaged. Relax in the "Little Prince" lounge to reflect, dream and sip on hot tea afterwards

Book: (410) 558-1185 please leave a message with desired dates and times

Lomi Lomi is an infinity∞ Massage →\$168/70 min.

relax into a medley of never ending light to deep pressure massage strokes. Earbuds to little toes!

Book: (410) 558-1185 please leave a message with desired dates and times

TOP! **Prenatal** - Massage - my baby and me →\$128 swedish or \$138 deep tissue 60min. \$158 only back, shoulders, neck 60min. /90min. \$228

You can't beat this treat! Come in after the 1st Trimester. Come in every month for a 60 min. swedish massage 7x = \$700 plus square surcharge 3%. It's your gift to you and your Baby.

Book: (410) 558-1185 please leave a message with desired dates and times

Balinese Jamu Massage - →\$228/ 90min.

A festival for all senses. Relax for an hour and a bit in this whole body experience from the toes through your hair with Jamu's tropical massage scents. Hot towels are wrapped around your feet and head.

Book: (410) 558-1185 please leave a message with desired dates and times

Pure Face, Neck, Shoulder & Scalp Soothing Massage →30min. \$78

a dreamlike massage session for your face and scalp. Hot moist Towels in Barber style included

Book: (410) 558-1185 please leave a message with desired dates and times

"The Bomb" Deep on only Back, Neck & Shoulder; or deep whole body → \$158/60min.

90/100min. \$238; 120min.\$286

the most wanted massage and stretches after a long day at the desk or sitting in the car. Firm/ Deep and Strong! With hot towels peppermint oil infused for instant relaxation and first round of body compressions/acupressure

Book: (410) 558-1185 please leave a message with desired dates and times

"The Twist" Medium to Firm on the back and shoulders but more Swedish on the arms and legs/whole body → \$148/60min.min.

90min. \$198; 120min.\$228/ 180 min. \$368

Book: (410) 558-1185 please leave a message with desired dates and times

The Lovers/Couples Massage Class "Sweet Spot"® with Regina →\$428 for 3/3.5hrs

I spill the secrets of how to create a great massage during the 3hrs. An intensiv fun private class. One on one. Become a "Pro" for each other. Comes with manual/study material.

Book: (410) 558-1185 or bmoredaglio@gmail.com please leave a message with desired dates and times

NEW: Relaxing Partner Massage Class Video \$189/ ask Regina!

Take home a booklet with all steps as well

"The big easy "Swedish Massage → \$128/60min. \$168/90min. or \$238/120min.

A slow burn lovely light to medium pressure is used to create a feeling of deep relaxation.

Book: (410) 558-1185 or bmoredaglio@gmail.com please leave a message with desired dates and times

Deluxe Spa Massage → \$208/sweet 90min.

Veil the skin in luxury. This light and quickly absorbing body oil with Phyto Actives, veils the skin in a silky, satin finish while restoring moisture. Our Triple Action Nutrí Oil helps to replenish moisture with a satin finish while it envelopes the senses in our light, natural Rooibos Tea and Vanilla aroma. You are not leaving the massage table before the 90min. are up! Because it's the deluxe version!

With aromatic oils, stress melting face massage and Hot Stones, light to medium pressure!

Book: (410) 558-1185 or bmoredaglio@gmail.com please leave a message with desired dates and times

Please mess with my hair → \$72/30min. or as add on to massages and facials 20min. \$43

Headache relief, TMJ or pure relaxation. Scalp and hypnotizing face and pressure point massage. Scalp massage with Repechages Hair Spa Serum! A very special experience for all senses. Great for man and woman!!

Book: (410) 558-1185 or bmoredaglio@gmail.com please leave a message with desired dates and times

Hot Rocks Massage --> \$168/ 70min.

A wonderful massage with hot stones. "Feels like hot lava traveling down my body" a client said.

Secret: great for the neck and face!

Book: (410) 558-1185 or bmoreadagio@gmail.com please leave a message with desired dates and times

Hands and Feet only --> \$138/ 50min.

Stretching tired hands and fingers up the arm, hot stones, hot towels and a thorough massage for the most hard working parts of your body.

Refreshing green tea aroma massage oils bring the spring back in your feet ready to dance!

TIP: rest on the warm euca mint back mask while enjoying the massage. Add \$26

Book: (410) 558-1185
bmoreadagio@gmail.com please leave a message with desired dates and times

Therapeutic Treatment with Regina/ \$200 for 70 min.

are you suffering from chronic pain like inhibited range of motion, back pain, shoulder pain, head ache etc.

Let me work and coach you to get the spring back in your life.

Incl. assesment. Bring a minimum of 70 min. for the first appointment. All treatments are then 60min.

Every session is customized to build on

Book: (410) 558-1185 or bmoreadagio@gmail.com and please leave a message with desired dates and times

Are you interested in long lasting results? Go serial!

All prices subject to change without notice. Please contact us for the most up-to-date information.

Our Booking & Cancellation Policies

“Weekends” include Fri-Sun. “Weekdays” include Mon-Thurs.

Bookings

Your appointment time given is intended as your “arrival time.” Your service will begin after a brief consultation and will include the full stated contact time for the service (e.g., 60-min, 70-min, etc.). We will also allow you time after the massage to relax briefly!

Cancellations

Cancellations with less than 24 hours of notice on WEEKDAYS, and less than 48 hours of notice on WEEKENDS, are subject to a cancellation fee amounting to 80% of the cost of the scheduled service. Guests who miss their appointments without giving any prior notification will be charged in full (100%) of their scheduled service.

We recognize the time of our clients and staff is valuable. When you miss an appointment with us, we not only lose your business, but also the potential business of other clients who could have scheduled an appointment for the same time. Additionally, many times our staff function in an "on call" status and travel to the Spa specifically for your service. For these reasons we are obligated to compensate our staff for their time as well as cover lost revenue.

When you schedule your appointment with us, you are agreeing to these policies. All weekend services, or bookings with less than 24 hours notice, require a credit card to guarantee a reservation. You will not be billed until the completion of service, or if there is a cancellation/no-show. Payment will still be required on the day of service.

