

Invest in yourself and your future in the ever-growing field of health and wellness!



## **“Face Off” ~ The Go and Glow Facial Class**

**Location:** Spa Adagio, Baltimore Maryland

**Duration:** 3.5 hours

**Price:** \$398

**Instructor:** Regina Schneider; LMT, Sleep Specialist

A private facial class designed to help you learn glow-enhancing techniques in a hands-on and personalized setting.

**Includes a step-by-step guide and a facial kit to take home!**

**NEW coming in 2026:** Go and Glow Facial Class e-learning video \$149 / ask Regina!

Detailed information about the class schedule and registration is available via email at [bmreadagio@gmail.com](mailto:bmreadagio@gmail.com). Upon request, I am also happy to arrange a Zoom call with you or a personal meet & greet.